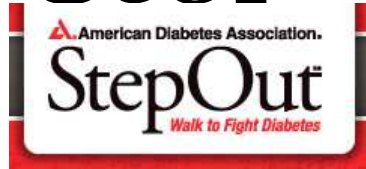


Step Out: Walk to Fight Diabetes



On Saturday, October 15, 2011, the Lake Ridge Lions will be taking part in **Step Out: Walk to Fight Diabetes** to support the American Diabetes Association for Prince William County.

We are asking for your help! By making a donation on our behalf, you will be helping the ADA provide community-based education programs, protect the rights of people with diabetes and fund critical research for a cure.

We believe that our participation in this year's **Step Out: Walk to Fight Diabetes** can AND will make a difference!

Check out the website: <http://main.diabetes.org/goto/LakeRidgeLionsClub>

Or contact Team Captain - Lion Michelle (571-332-8891)

for more information



Please support our endeavor to fight diabetes!